



WEEK ONE 14th April, 5th May, 26th May, 16th June, 7th July, 28th July, 8th Sept, 29th Sept, 20th Oct

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
ST*R DISH	Spring Harvest Quesadilla with Cheese, Potato, Spring Onion and Tomato Salsa (V)	Chilli BBQ Beef & Bean Ragu with Rice	Roast Chicken with Gravy & Roasties	Chicken, Tomato & Coconut Dhal with Steamed Mixed Rice	Sustainably Sourced Battered Fish & Chips
MEAT' FREE	Crispy Onion Mac & Cheese (V)	Falafel Power Bowl with Hummus, Grains & Rice (Ve)	Roast Quorn with Gravy & Roasties	Roasted Coriander Sweet Potato & Chickpea with Tomato & Coconut Dhal with Steamed Mixed Rice (Ve)	Cheese & Tomato Pizza Pizza &Wedges/Chips
ĞRAB & GO+	Vegan Sausage Roll (Ve)	Chicken Burger	Roasted Vegetable & Hummus Panini	Loaded Wedges	Pepperoni Panini
PMT 'N' TASTY	Tomato & Basil Pasta	Spicy Tomato Pasta	Herby Tomato Pasta	Veggie Carbonara Pasta	Pasta Arrabbiata
SIDES	Broccoli, Baked Beans Wixed Salad, Crisp Garlic Bread	Fajita Roasted Sweetcorn & Peppers, Persian Slaw, Baked Beans Mixed Salad	Country Mixed Vegetables, Baked Beans Mixed Salad	Baked Beans Garden Salad, Sri Lankan Vegetable Salad, Wedges	Peas, Baked Beans Wixed Salad
T⊕DAY'S DESSERTS	Berry Eton Mess	Iced Sponge	Frozen Yoghurt	Vegan Jelly	Apple Crumble







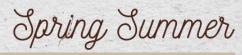












WEEK TWO 21st April, 12th May, 2nd June, 23rd June, 14th July, 25th Aug, 15th Sept, 6th Oct, 27th Oct

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
ST*R DISH	Cheese & Tomato Macaroni Cheese (V)	Kashmiri Spice Bowl with Beef & Mixed Rice	Roast Chicken Crispy Roasties & Pan Gravy	Meatballs with Cheese and Arrabbiata Sauce & Penne Pasta	Sustainably Sourced Battered Fish & Chips
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MEAT FREE	Buffalo Cauliflower & Mixed Bean Burrito	Cheesy Quorn Meatballs with Arrabbiata Sauce & Penne Pasta	Roasted Sweet Potato & Cheese Tart with Roast Potatoes	Veggie mince Cottage Pie	Cheese & Tomato Pizza & Chips
ĞRAB & GO-	Sausage Roll	Chicken Goujon Wrap	Pepperoni Panini	Chicken or Steak Slice	Various Panini's
PET 'N' TASTY	Arribiatta Pasta	Tomato & Basil Pasta	Pasta Carbonara	Veggie Pasta Pot	Veggie Bolognese Pasta Pot
SIDES **	Broccoli, Baked Beans Mixed Salad, Crisp Garlic Bread	Fajita Roasted Sweetcorn & Peppers, Slaw, Baked Beans Mixed Salad	Seasonal Mixed Vegetables, Baked Beans Mixed Salad	Baked Beans Coleslaw, Garlic Green Beans, Garden Salad	Peas, Baked Beans Mixed Salad
T⊕DAY'S DESSERTS	Lemon & Blueberry Slice	Shortbread	Iced Vanilla Sponge with Custard	Jelly	Chocolate Cornflake Cake











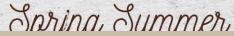












WEEK THREE 28th April, 19th May, 9th June, 30th June, 21st July, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
ST*R DISH	Roasted Cauliflower Cheese with Potato Wedges	Beak Street BBQ Chicken with Savoury Rice	Greek Style Layered Lamb & Pasta Bake	Butter Chicken Curry with Rice	Oven Baked Chicken Goujons & Chips
MEAT FREE	Vegetable Bolognese Pasta with Garlic Bread Slice	Jacket Potato with Cheese/Beans or Tuna	Greek Style Vegetable Pastitsio (Layered Pasta Bake)	Jacket Potato with Cheese/Beans or Homemade Coleslaw	Cheese & Tomato Pizza & Chips
ĞRAB & GO+	Vegetable Cheeseburger (V)	Cheese & Tomato Pizza	Sausage Roll	BBQ Veggie Melt Wedges (V)	Various Panini's
PET 'N' TASTY	Vegetable Pasta	Tomato & Basil Pasta	Spicy Pasta Sauce & Penne Pasta	Tomato & Herb Pasta Pot (Ve)	Veggie Bolognese Pasta Pot
SIDES	Broccoli, Baked Beans Mixed Salad, Crisp Garlic Bread	Baked Beans Garden Salad, Roasted Sweetcorn, Wedges	Italian Garden Salad, Country Mixed Vegetables	Baked Beans **** *** *** *** ** ** ** **	Peas, Baked Beans Wixed Salad
	Angel Delight	Chocolate Sponge with Custard	Lemon Drizzle Slice	Iced Orange & Ginger Traybake with Custard	Choc Chip Shortbread









Brain Boost









